

# DSCBA Family Resource List

---



Teresa Unnerstall, coordinator of the Bay Area Down Syndrome & Autism Alliance, and her son, Nick, who has Down syndrome and autism spectrum disorder.

---



**Down Syndrome Connection of the Bay Area**

*Connecting Families for 20 Years*

# About This Guide

This Table of Contents will help you navigate our resource directory. **Most of the people and organizations in this guide were recommended by DSCBA members—those ones are designed with a checkmark.** Entries not designated with a checkmark are referrals from other local disability organizations. Please note that DSCBA as an organization does not formally endorse any of the people or entities in this guide—we have simply compiled a list of resources

recommended by our members and similar organizations in our community.

If you have a provider or program that you would refer other members to, please email it to [cathleen@dsconnection.org](mailto:cathleen@dsconnection.org), and we will add that person or organization to the next update of this guide. If you have a new category you'd like to see added, please let us know. This resource directory is a constantly updating work in progress.

## Table of Contents

<b>Day Care, Respite</b>	<b>3</b>
Daycare Programs/Providers	3
Respite Care Programs/Providers	3
Summer/Day/Respite Camps	4
<b>Education</b>	<b>5</b>
Preschools	5
<b>Health Care</b>	<b>6</b>
Cardiologists	6
Dentists	6
Dermatologists	7
Developmental Pediatricians	7
ENTs	7
Gastroenterologists	7
Neuropsychiatrists	7
Occupational Therapists	7
Ophthalmologists	8
Orthodontists	8
Pediatricians	8
Physical Therapists	9

<b>Health Care, cont.</b>	<b>9</b>
Podiatrists	9
Primary Care Providers, Adult	10
Psychologists, Adult	10
Psychologists, Child	10
Psychiatrists, Adult	10
Speech Therapists	10
<b>Legal Services</b>	<b>11</b>
Special Needs Education Attorney	11
Special Needs Trust Attorney	11
<b>Recreation</b>	<b>12</b>
Sports and Rec Programs	12
Other Rec Programs	13
<b>Other Professional Services</b>	<b>14</b>
Advocate or Advocacy Group	14
Tech Support and AAC Evaluations	14
<b>Other Services</b>	<b>15</b>
Local and Online Support Groups	15
Retail/Support Equipment	15
Transportation Services	15



## Day Care/ Respite

### Day Care Programs, Providers

✓ **Talking Hands Daycare**

Richmond, CA  
510.409.1573

[www.talkinghandsdaycare.com](http://www.talkinghandsdaycare.com)

### Respite Care Programs, Providers

✓ **Special Home Needs**

Santa Clara, CA  
408.985.8666

[specialhomeneedsinc.com](http://specialhomeneedsinc.com)

### Summer/Day/Respite Camps

**Achieve Tahoe**

Alpine Meadows  
530-581-4161  
530-581-4161

[www.achievetahoe.org](http://www.achievetahoe.org)

**Amplify Life's Camp LOTSAFUN  
(overnight)**

Susanville, CA  
775-827-3866

<http://amplifylife.org/events-list/camp-lotsafun-summer-at-eagle-lake>

**Building Bridges Camp (overnight-AAC Devices)**

Hillsborough, CA  
650-696-7295

[www.bridgeschool.org](http://www.bridgeschool.org)

✓ **Camp Arroyo**

Livermore, CA  
925-371-8401

[www.ebparks.org/activities/day-camps/parks\\_camp\\_arroyo](http://www.ebparks.org/activities/day-camps/parks_camp_arroyo)

**Camp Costanoan-Via Services  
(overnight)**

Santa Clara, CA  
408-243-7861

[www.viaservices.org](http://www.viaservices.org)

✓ **Camp KREM**

Santa Cruz, CA  
831-338-3210

<http://campingunlimited.org>

**Camp Krem-Camping Unlimited  
(overnight)**

Boulder Cree, CA  
510-222-6662

[www.campingunlimited.com](http://www.campingunlimited.com)

✓ **Camp PALS**

202-630-5858

[www.palsprograms.org](http://www.palsprograms.org)

**ConcordReg**

Concord, CA  
925-671-3404

[www.concordreg.org](http://www.concordreg.org)

**Danville RADD**

Danville, CA  
925-314-3400

[www.danville.ca.gov/recreation](http://www.danville.ca.gov/recreation)

**East Bay Recreation**

Oakland, CA

[www.ebparks.org](http://www.ebparks.org)

**Easter Seals Camp Harmon  
(overnight)**

Santa Cruz Mts.  
831-338-3383

<http://campharmon.org>

✓ **ENN**

Livermore, CA  
925-215-2281

[www.ennetwork.org/enn/Home.html](http://www.ennetwork.org/enn/Home.html)

**Environmental Traveling  
Companions (overnight)**

San Francisco, CA  
415-474-7662

[www.etctrips.org](http://www.etctrips.org)



## Day Care/ Respite

### Summer/Day/Respite Camps, Cont.

#### ✓ Inclusion Films

Moraga, CA  
661-324-7400  
[www.inclusionfilms.com](http://www.inclusionfilms.com)

#### Mount Cross Lutheran Camp (overnight)

Santa Cruz Mts.  
831-336-5179  
[www.mtcross.org](http://www.mtcross.org)

#### Pleasant Hill Recreation

Pleasant Hill, CA  
925-682-0896  
[www.pleasanthillrec.com/home/Attachments/Spotlight\\_WS16\\_final-1.pdf](http://www.pleasanthillrec.com/home/Attachments/Spotlight_WS16_final-1.pdf)

#### Richmond DPRC

Richmond, CA  
510-620-6814  
[www.westminsterwoods.org](http://www.westminsterwoods.org)

#### San Ramon City Therapeutic Program

San Ramon, CA  
925-973-3253  
[www.bluetoad.com/publication/?i=280263#{%22issue\\_id%22:280263,%22page%22:46}](http://www.bluetoad.com/publication/?i=280263#{%22issue_id%22:280263,%22page%22:46})

#### Special Olympics

Northern CA  
925-944-8801  
[www.sonc.org](http://www.sonc.org)

#### Speech Pathology Group

Walnut Creek, Ca  
925-945-1474  
[www.speechpathologygroup.com](http://www.speechpathologygroup.com)

#### Tuolumne Trails A Camp for Me

Groveland, CA  
209-962-7534  
[www.tuolumnetrails.org](http://www.tuolumnetrails.org)

#### ✓ VIA West

Cupertino, CA  
408-867-1115  
[www.viaservices.org](http://www.viaservices.org)

#### ✓ Walnut Creek Specialized Rec

Walnut Creek, CA  
925-256-3531  
[www.walnut-creek.org/departments-services/arts-recreation-and-community-services/recreation/specialized-recreation](http://www.walnut-creek.org/departments-services/arts-recreation-and-community-services/recreation/specialized-recreation)

#### Westminster Woods (overnight)

Occidental, CA  
707-874-2426  
[www.westminsterwoods.org](http://www.westminsterwoods.org)

#### ✓ Woodleaf/Young Life

Danville, CA  
530-675-2252  
<https://woodleaf.younglife.org/Pages/default.aspx>

#### Xenophon Therapeutic Riding Center

Orinda, CA  
925-377-0871  
<http://xenophontrc.org>



## Education

### Preschools

✓ **Glankler Preschool**

Fremont, CA  
510-651-1190

✓ **Meher School**

Lafayette, CA  
925-938-9958  
[www.meherschools.org](http://www.meherschools.org)

✓ **Noah's Ark**

Danville, CA  
925-362-8565  
<http://sainttimothysdanville.org/grow/noahs-ark-preschool>

✓ **We Care Services for Children**

Concord, CA  
925-671-0777  
[www.wecarechildren.org](http://www.wecarechildren.org)



## Health Care

### Cardiologists

- ✓ **Kavin Desal**  
Kaiser Hayward  
510-784-4000

### Dentists

- ✓ **John Boghossian**  
San Carlos, CA  
650-595-0163
- ✓ **Robert Chacon Jr**  
Dublin, CA  
925-833-9643  
[chacondentalstudio.com](http://chacondentalstudio.com)
- ✓ **Patrick C. Creevan**  
Livermore, CA  
925-443-5980  
[eastbaypediatricdental.com](http://eastbaypediatricdental.com)
- ✓ **Steve Czekala**  
San Ramon, CA  
925-828-5335  
[www.smilesanramon.com](http://www.smilesanramon.com)
- ✓ **Miguel Hipolito**  
San Leandro, CA  
510-352-2632  
[www.sanleandropediatricdentistry.com](http://www.sanleandropediatricdentistry.com)

- ✓ **Brian Hockell**  
Walnut Creek, CA  
925-705-4055  
[www.hockel.com](http://www.hockel.com)

- ✓ **Raymond Huang**  
San Jose, CA  
408-293-3215

- ✓ **Bob Khalil**  
Berkeley, CA  
510-848-6494  
[www.alohakidsdds.com](http://www.alohakidsdds.com)

- ✓ **Christine Kobayashi**  
San Ramon, CA  
925-806-0322

- ✓ **Natalie Lenser**  
Modesto, CA  
209-571-7283  
[www.toothfairyyteam.com](http://www.toothfairyyteam.com)

- ✓ **Anthony Marcos**  
San Carlos, CA  
650-593-9888

- ✓ **Simon Morris**  
Los Gatos, CA  
408-356-9101  
[www.whiteoakspediatricdentistry.com](http://www.whiteoakspediatricdentistry.com)

- ✓ **Patricia Ramos**  
Dental Anesthesia for Dental  
Offices in Bay Area  
818-631-7055  
[drramosanesthesia.com](http://drramosanesthesia.com)

- ✓ **Donald Schmitt**  
Danville, CA  
925-837-8218  
[www.kidstoothdoctor.com](http://www.kidstoothdoctor.com)

- ✓ **Shoreview Dental**  
Pacifica, CA  
650-738-2100  
[www.shoreviewdental.net](http://www.shoreviewdental.net)

- ✓ **Shelby Smith**  
Antioch, CA  
925-755-5115  
[www.drshelby.com](http://www.drshelby.com)

- ✓ **Walnut Creek Pediatric Dentistry**  
Walnut Creek, CA  
925-937-7000  
[www.walnutcreekpediatricdentistry.com](http://www.walnutcreekpediatricdentistry.com)

- ✓ **Young Smiles**  
Fremont, CA  
510-790-3382  
[www.youngsmilesca.com](http://www.youngsmilesca.com)



## Health Care

### Dermatologists

- ✓ **Affiliates in Dermatology**  
Oakland/Alameda/San Ramon  
510-652-8091  
[affiliatesindermatology.com](http://affiliatesindermatology.com)

### Developmental Pediatricians

- ✓ **Center for Developing Minds**  
Los Gatos, CA  
408-358-1853  
[www.devmonds.com](http://www.devmonds.com)
- ✓ **Ann Parker**  
Berkeley, CA  
510-528-5580
- ✓ **Jean Sakimura**  
Kaiser Hayward  
510-675-4050
- ✓ **Renee Wachtel**  
[www.reneecwachtelmd.com](http://www.reneecwachtelmd.com)

### Ear, Nose & Throat

- ✓ **Diablo Valley ENT**  
Walnut Creek, CA  
925-933-8462

### Gastroenterologists

- ✓ **David Wong**  
Tri-Valley Gastroenterology, San Ramon CA  
925-275-9966  
[www.eastbaygastro.com](http://www.eastbaygastro.com)
- ✓ **Salim Shelby**  
Tri-Valley Gastroenterology, San Ramon CA  
925-275-9966  
[www.eastbaygastro.com](http://www.eastbaygastro.com)
- ✓ **Melvin Hyman**  
UCSF, San Francisco CA  
415-353-2813
- ✓ **Theodore Shiff**  
San Francisco, CA  
415-543-7888

### Neuropsychiatrists

- ✓ **Brad Berman, MD**  
Walnut Creek  
925-279-3480
- ✓ **Theresa Doyle, Ph.D.**  
Oakland  
510-594-1926

- ✓ **Caroline "Kie" Johnson, Ph.D.**  
Berkeley  
510-843-2005

### Occupational Therapists

- ✓ **Almaden Valley Children's Therapy Center**  
San Jose, CA  
408-601-0993  
[almadenvalleychildrenstherapy-center.com](http://almadenvalleychildrenstherapy-center.com)
- ✓ **CSLOT**  
Fremont, CA  
510-794-5155  
[cslot.com](http://cslot.com)
- ✓ **CPMC Parent Infant Program**  
San Francisco, CA
- ✓ **Liz Isono**  
Orinda  
925-258-9935
- ✓ **Christina Lyons**  
Lafayette, CA  
925-954-4546  
[childsplayotservices.com](http://childsplayotservices.com)



## Health Care

### Occupational Therapists, cont.

- ✓ **Rita Montez**  
Oakland  
510-652-7611
- ✓ **Graciela Pagano**  
Baby Builders, Oakland CA  
510-388-3664  
[babybuildersnorcal.com](http://babybuildersnorcal.com)
- ✓ **Todd Trowbridge**  
Danville/Pleasant Hill  
925-487-3697
- ✓ **Melanie Willson**  
East Bay  
510-364-5715  
[melanie94536@yahoo.com](mailto:melanie94536@yahoo.com)

### Ophthalmologists

- ✓ **William Good**  
San Ramon, CA  
925-277-1135
- ✓ **Daniel Greninger**  
Kaiser Antioch  
925-813-3330
- ✓ **Naureen Mirza-George**  
Kaiser Daly City  
650-301-5800

### Orthodontists

- ✓ **Brian Hockel**  
Walnut Creek, CA  
925-705-4055  
[www.hockel.com](http://www.hockel.com)
- ✓ **Stan Heiner**  
Modesto, CA  
209-577-3792  
[www.modestoortho.com](http://www.modestoortho.com)
- ✓ **Dr. Lezman**  
Berkeley, CA  
510-845-3511  
[www.berkeley-lafayette-orthodontist.com](http://www.berkeley-lafayette-orthodontist.com)
- ✓ **Shelby Smith**  
Antioch, CA  
925-755-5115  
[www.drshelby.com](http://www.drshelby.com)

### Pediatricians

- ✓ **Myles Abbott**  
Berkeley, CA  
925-438-1100  
[www.eastbaypediatrics.com](http://www.eastbaypediatrics.com)
- ✓ **Lynn Arsenault**  
Kaiser Park Shadelands  
Walnut Creek CA  
925-906-2040
- ✓ **Victoria Ban-Young**  
Kaiser San Leandro  
510-454-4050
- ✓ **Kelly Beatty**  
Pinwheel Pediatrics  
Concord CA  
925-827-9195  
[www.pinwheelpediatrics.com](http://www.pinwheelpediatrics.com)
- ✓ **Nelson Branco**  
Tamalpais Pediatrics  
Larkspur CA  
415-461-0440  
[www.tamalpaispediatrics.com](http://www.tamalpaispediatrics.com)

*Pediatricians continued on next page.*





## Health Care

### Pediatricians, cont.

✓ **Alberto Cajigas**

Sutter Health  
Modesto, CA  
209-524-0370

✓ **Jane Chen**

Palo Alto Medical Foundation  
Sunnyvale CA  
408-730-4251  
[www.pamf.org](http://www.pamf.org)

✓ **Michael Cheng**

Palo Alto Medical Foundation  
Danville CA  
925-875-3750  
[www.pamf.org](http://www.pamf.org)

✓ **Jennifer Cho**

Kaiser San Mateo  
650-358-7015

✓ **Glara Kang**

Palo Alto Medical Foundation  
Fremont CA  
510-490-1222  
[www.pamf.org](http://www.pamf.org)

✓ **Kim Pitts-Davis**

RAMBLC Pediatric Medicine, Los  
Gatos CA  
408-371-7777  
[www.ramblc.com](http://www.ramblc.com)

✓ **Noemi Alice Spinazzi**

Charlie's Clinic at UCSF Benioff  
Children's Hospital, Oakland  
510-428-3129  
[Nspinazzi@mail.cho.org](mailto:Nspinazzi@mail.cho.org)

✓ **John Takayama**

UCSF San Francisco  
415-885-7478

✓ **David Trager**

Los Gatos, CA  
408-371-7777

✓ **Tracy Trujillo**

San Ramon Valley Primary Care  
San Ramon CA  
925-838-6511

### Physical Therapists

✓ **Tom Curran**

Kaiser Santa Clara CA  
408-851-1400

✓ **Daly Physical Therapy**

Clayton, CA  
925-673-9355

**Barbara Marcum**

✓ KidSteps Pediatric Therapy  
San Jose CA  
408-241-7033

**Graciela Pagano**

✓ Baby Builders, Oakland CA  
510-388-3664  
[babybuildersnorcal.com](http://babybuildersnorcal.com)

✓ **Susan Spence**

Pleasant Hill, CA  
925-287-0056

### Podiatrists

✓ **Howard Sokoloff**

Danville, CA  
925-830-2929



## Health Care

### Primary Care, Adult

- ✓ **Marjan Narahgi**  
San Ramon Valley Primary Care,  
San Ramon CA  
925-838-6511
- ✓ **Liza Shiff**  
Mountain View, CA  
650-417-3545

### Psychologists, Adult

- ✓ **Anita Barrows**  
Berkeley, CA  
510-540-8330  
<https://anitabarrows.com>

### Psychologists, Child

- ✓ **Anita Barrows**  
Berkeley, CA  
510-540-8330  
<https://anitabarrows.com>

### Psychiatrists, Adult

- ✓ **Diablo Behavioral Healthcare**  
Danville, CA  
925-648-4800  
[www.behaviorquest.com](http://www.behaviorquest.com)

### Speech Therapists

- ✓ **Kris Baines**  
Walnut Creek, CA  
925-787-9384
- ✓ **Katie Bombauch**  
Therapy at Play  
San Ramon, CA  
925-830-5133  
[www.therapyatplay.com](http://www.therapyatplay.com)
- ✓ **Jillian Carlson**  
Communication Works  
Oakland CA  
925-298-5576  
[cwtherapy.com](http://cwtherapy.com)

### ✓ CSLOT

Fremont, CA  
510-794-5155  
[cslot.com](http://cslot.com)

### ✓ Rosemary Berwald

San Jose, CA  
408-345-4949

### ✓ Speech, Inc.

Oakland, CA  
510-835-2757  
[www.speechinc.com](http://www.speechinc.com)

### ✓ Heather Vukelich

DSCBA office, Danville CA  
[happykidstherapy.com](http://happykidstherapy.com)

### ✓ WordPlay Therapy Center

Brentwood, CA  
925-626-7474



## Legal Services

### Special Needs Education Attorney

- ✓ **Natashe Washington**  
Oakland, CA  
510-285-7384  
[natashe22@gmail.com](mailto:natashe22@gmail.com)

### Special Needs Trust Attorney

- ✓ **Ellen Cookman**  
Palo Alto, CA  
650-690-2571  
<http://cookmanlaw.com/attorney/>
- ✓ **Stephen Dale**  
Dale Law Firm  
Pacheco, CA  
925-826-5585  
[dalelawfirm.com](http://dalelawfirm.com)
- ✓ **David Hornsby**  
Walnut Creek, CA  
925-938-0883  
[www.davidthornsby.com](http://www.davidthornsby.com)
- ✓ **Tracy Potts**  
Legacy Law Group  
Sacramento CA  
916-643-2000  
[www.calegacylaw.com](http://www.calegacylaw.com)



## Recreation

### Sports and Rec

✓ **Alley Cats Bowling**

Dublin, CA  
817-784-2695  
[alleycatsbowl.com](http://alleycatsbowl.com)

✓ **Black Diamond Gymnastics**

Brentwood, CA  
925-516-6619  
<http://blackdiamondkidscenter.com>

✓ **Challenger Baseball**

Berkeley, CA  
[www.borp.org/challengers-little-league-baseball/](http://www.borp.org/challengers-little-league-baseball/)

✓ **Challenger Baseball**

[San Ramon Little League](http://www.srbaseball.com)  
[www.srbaseball.com](http://www.srbaseball.com)

✓ **Dance Arts Center -  
SNAP Dance Program**

Redwood City, CA  
650-574-2001  
[www.dance-arts-center.com](http://www.dance-arts-center.com)

✓ **Del Amigo Swim**

Danville, CA  
925-837-9712  
[www.teamunify.com/Home.jsp?team=recvsadapa](http://www.teamunify.com/Home.jsp?team=recvsadapa)

✓ **Delta Baseball League**

East Contra Costa County  
[www.deltabaseballleague.com/deltabaseballleague](http://www.deltabaseballleague.com/deltabaseballleague)

✓ **Earl Anthony's Dublin Bowl**

Dublin, CA  
925-828-7550  
[www.earlanthonysdublinbowl.com](http://www.earlanthonysdublinbowl.com)

✓ **eSoccer**

Pleasanton, CA  
<http://soccer.e-sports.org/pleasanton>

✓ **PAASS (Project Awareness and  
Special Sports)**

Marin County, CA  
<http://projectawarenessandspecialsports.org>

✓ **Special Needs Aquatic Program**

Berkeley, CA  
510-495-4102  
[snapkids.org](http://snapkids.org)

✓ **Special Olympics**

Santa Clara County  
408-392-0170  
[www.sonc.org](http://www.sonc.org)

✓ **Special Olympics Swimming**

City of San Ramon  
925-944-8801  
[www.sonc.org](http://www.sonc.org)

✓ **Special Olympics Swimming**

Modesto, CA  
209-522-1544  
[www.sonc.org](http://www.sonc.org)

✓ **Society for disABILITIES**

Modesto, CA  
209-524-3536  
[societyfordisabilities.org](http://societyfordisabilities.org)

✓ **SPI Exercise**

San Ramon, CA  
925-275-9200  
[www.sanramonmedctr.com/our-services/orthopedics/sports-medicine/sports-performance-institute](http://www.sanramonmedctr.com/our-services/orthopedics/sports-medicine/sports-performance-institute)

✓ **VIP Soccer League AYSO**

[www.ayso.org/For\\_Families/AYSO\\_Soccer\\_Programs/VIP.htm#.WMMw9hJMzm0](http://www.ayso.org/For_Families/AYSO_Soccer_Programs/VIP.htm#.WMMw9hJMzm0)

✓ **Xenophon Horse Therapy**

Orinda, CA  
925-377-0871  
<http://xenophontrc.org>



## Recreation

### Other Rec Programs

✓ **Angels on Stage**

California Community  
Opportunities  
San Jose CA  
(888) 871-3331  
[www.angelsonstage.org](http://www.angelsonstage.org)  
[info@angelsonstage.org](mailto:info@angelsonstage.org)

✓ **Golden Hills Community Church**

Brentwood, CA  
925-516-0653  
[www.goldenhills.org](http://www.goldenhills.org)

✓ **I Heart Art**

Pleasant Hill, CA  
925-602-0140  
[www.iheartartstudio.co](http://www.iheartartstudio.co)

✓ **Young Life Meetings**

Danville, CA  
925-934-1875  
<https://diablovalley.younglife.org/Pages/default.aspx>



## Other Professional Services

### Advocate or Advocacy Group

✓ **Support for Families of Children with Disabilities**

San Francisco, CA  
415-282-7494

[www.supportforfamilies.org](http://www.supportforfamilies.org)

✓ **Community Gatepath**

Burlingame, CA  
650-259-8500

[www.gatepath.org](http://www.gatepath.org)

✓ **Parents Education Network**

San Francisco, CA  
415-751-2237

[www.parentseducationnetwork.org](http://www.parentseducationnetwork.org)

✓ **Parents Helping Parents**

San Jose, CA  
408-727-5775

[www.php.com](http://www.php.com)

### Tech Support and AAC Evaluations

✓ **Kati Skulski**

DSCBA  
Danville, CA  
925.362.8660

[www.dsconnection.org](http://www.dsconnection.org)



## Other Services

### Local and Online Support Groups

✓ **Down Syndrome Diagnosis Network (DSDN)**

(Online support and resources for parents of children up to age three.)

[dsdiagnosisnetwork.org](http://dsdiagnosisnetwork.org)

### Retail/Support Equipment

**Discounts for People with Disabilities**

<https://disableddiscounts.com>

### Transportation Services

**Amtrak Discounts**

[www.amtrak.com/passengers-with-disabilities-discounts](http://www.amtrak.com/passengers-with-disabilities-discounts)

**California Transit Links**

Alameda County

[www.apta.com/resources/links/unitedstates/Pages/California-TransitLinks.aspx](http://www.apta.com/resources/links/unitedstates/Pages/California-TransitLinks.aspx)

**Cheap Flights**

[www.cheapflights.com/news/traveling-with-disabilities/](http://www.cheapflights.com/news/traveling-with-disabilities/)

**Hammer Travel**

(Special Needs Group Travel)

<http://hammertravel.org/>

**TSA Disability Card**

[www.tsa.gov/travel/special-procedures](http://www.tsa.gov/travel/special-procedures)