

THE ARC SAN FRANCISCO & THE ALZHEIMER'S ASSOCIATION PRESENT

Aging & Developmental Disability

Caregivers ask: "Is it Alzheimer's?"



Alzheimer's Care Academy

A 3-hour training at your site. Call to schedule a training. (CEU's available)

Savvy Caregiver Training

A 2-hour, 3 session training for paid and unpaid caregivers.

Dates: 2/16, 2/23, & 3/2, 2018

Time: 3:00 pm - 5:00 pm

Call-in Support Group

Guided small group discussions of the challenges of caregiving for persons with IDD & dementia.

Date: 3rd Thursday of the month

Time: 6:00 pm - 7:00 pm

Starts: 1/18/2018

Dementia Screenings

Seeing changes in memory or other functions? Schedule an evaluation to determine if the symptoms are Alzheimer's disease.

Many individuals with disabilities are living longer, more productive lives. While this is a positive trend, it also increases the risk of diseases seen in elders with developmental disabilities, including dementia.

People with Down syndrome are at high risk of developing Alzheimer's disease. There is a 50% chance of being diagnosed with Alzheimer's disease in their lifetime, sometimes as early as in their 30's.

Fortunately, The Arc San Francisco is here to help. We are offering a variety of programs designed to help caregivers better understand dementia, manage the symptoms and prepare for the changes that occur as the disease progresses.

INFORMATION and RSVP:

Contact Kristin Rains, MSW, Center for Health & Wellness, The Arc San Francisco, krains@thearc.org.

LOCATION: All events at The Arc SF or at the Pomeroy Center. Sites to be announced.

The Arc San Francisco 1500 Howards St. SF, CA 94103

The Pomeroy Recreation and Rehabilitation Center 207 Skyline Blvd, SFD, CA 94132



For people with intellectual and developmental disabilities

www.thearc.org



www.alz.org/norcal